Student wellbeing and mental health

In many Australian classrooms:

- Student wellbeing is considered a core part of learning.
- Teachers are expected to maintain students' dignity and emotional safety.
- Behavioural struggles are often explored for underlying causes — stress, anxiety, learning difficulties, friendship or family concerns.
- Schools usually have wellbeing staff, counsellors and support programs.

Australian expectation

“We correct the behaviour, not the person.”

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